

Café | 7:30am - 3:30pm

drinks

summer 2024

menu



Experience the Difference in Every Sip: Indulge in the goodness of our anti-inflammatory and caffeine-free beverage selection. Our **organic Colombian coffee beans**, sourced from Little Earth Roasters in Kiama, NSW, are locally roasted to perfection. We take pride in our **natural decaffeination process, using cutting-edge carbon dioxide technology that preserves the beans' antioxidants and natural flavors**. With each cup, savor the harmonious blend of smooth chocolate and caramel notes. It's more than just coffee; it's a flavorful journey

Coffees

Regular (R) \$5.50 Large (L) \$6.00

Cappuccino
Long Black
Flat white
Coffee Latte
Mocha
Hot Chocolate

CHOOSE YOUR FAVOURITE
BARISTA PLANT-BASED MILK

Golden Turmeric Latte

(turmeric, ginger, vanilla, black pepper, cinnamon)

Red Velvet Latte

(beetroot, turmeric, chia spice, hibiscus, rosehip, vanilla bean)

Chai Latte

(brewed organic rooibos chai soaked in honey)

Caroccino

(malted barley, rye and chicory and plant-based milk)

Babyccino

(Warm steamed plant-based milk of your choice with a foamy chocolate dusted top) **\$3**

Iced Lattes \$6.50

(add Pana vanilla ice-cream for **\$3**)

Iced Coffee Latte

(Our signature coffee served with plant-based milk and ice)

Iced Golden Turmeric Latte

(Our Golden Turmeric with milk, ice and coconut nectar)

Iced Chocolate Latte

(Our plant based milky organic cacao chocolate and ice)

Iced Chai Latte

(Brewed organic rooibos honey-soaked chai with milk, ice and coconut nectar)

Antioxidant Herbal Teas

(Ask for special tea menu)

Smoothies

\$11.90 (add Pana Vanilla ice-cream for \$3)

Healthy Green n lean

Kale, banana, lemon, ginger, pineapple, avocado, dates, coconut water, green's powder and energy shot.

Cherry Ripe

Banana, cherry, cacao, protein powder, plant-based milk and dates.

Blueberry Sunrise Powered-Up!

Plant-based milk, banana, blueberries, cinnamon, maple syrup and vanilla protein powder

Tiramisu Smoothie

Double decaf shot, dates, plant-based milk, cacao, vanilla, almond butter, and protein powder.

Snickers Protein Smoothie

Banana, peanut butter, organic raw cacao, plant-based milk, dates and chocolate protein powder.

Strawberry Energy Kiss

Orange juice, banana, strawberry, ginger and energy shot.

Pina Colada

Coconut milk, coconut cream, banana, pineapple and vanilla.

Cold Press Juices

Regular **\$8.90** Large **\$12.90**

Tropical Twist

Orange, apple, pineapple, spinach, ginger, and passionfruit

Immune Juice

Orange, apple, carrot, ginger, and lemon

Detox Special

Beetroot, celery, carrot apple, lemon, and ginger

Green Machine

Kale, celery, cucumber, pineapple, apple, ginger, lemon

Immunity shots \$6

Ningxia goji berry or Gold Turmeric

Healing wine | 250ml **\$8.50** or 1L **\$14.90**
100% organic grape juice

*Wheat-free (WF)

*Wheat-free option (WFO) *Nut-free (NF) *Gluten-free (GF)

*Nut-free option (NFO) *Low FODMAP option (LFO)

